

Breakfast

The Tarpon Breakfast Platter

2 eggs along with choice of grits or hash browns, with choice of bacon, ham, or sausage, and choice of toast or biscuit

Ham and Cheese Omelet

2 egg omelet with diced ham and cheddar

Western Omelet

Omelet with ham, tomatoes, onions, peppers, jalapenos, and cheddar cheese

Shrimp and Grits w/ a strip of bacon

Sautéed shrimp in our signature cream sauce over grits and served with bacon and a biscuit

Breakfast Biscuit/Sandwich

Ham, bacon, or sausage with egg and cheese on biscuit or toast

Seafood Omelet

Omelet with shrimp, crabmeat, onions peppers, and cheddar cheese, topped with crawfish sauce

Crawfish Omelet

Louisiana crawfish tails, tomatoes, and green onions with cheddar cheese

Meat Lover's Omelet

Ham, bacon, sausage, onions, and peppers with pepper jack cheese

Biscuits and Gravy

Two grilled biscuits topped with chopped sausage and a peppered cream sauce

Breakfast Burger

6oz burger with egg and bacon on a toasted bun served with grits or hash browns

Our History

Spahr's Seafood Restaurant was founded in 1968 on the outskirts of New Orleans in the small fishing community of Des Allemands. The surrounding bayous provided the seafood that founder Bill Spahr used to develop **Spahr's Seafood Restaurant** into an icon in southern Louisiana. Still locally owned and operated by family and friends, Spahr's Seafood Restaurant strives to use the freshest local seafood and server our guests with genuine hospitality.

Over the years, **Spahr's Seafood Restaurant** became known for three signature items: "The Original" Catfish Chips, World famous Bloody Marys, and Seafood Gumbo. Tragically, the original restaurant in Des Allemands was lost to a kitchen fire in November 2002.

In 2003, **Spahr's Downtown** was opened in Thibodaux. This location had great success and has provided the cornerstone for the continual growth and rebirth of the Spahr's brand. Expanding its menu to include breakfast has locals gathering daily to the downtown hotspot.

In 2006, **Spahr's Seafood** rebuilt in Des Allemands on the exact slab where the original restaurant burned. Complete with scenic views of Bayou Des Allemands and its original recipes, the location remains as popular as ever. The restaurant is regularly reviewed as a "must stop".

In 2016, **Spahr's at the Station** was opened in Galliano to serve the communities of lower Lafourche. Serving breakfast, lunch and dinner, this location continues the companies values with a commitment to culinary excellence and delivering hospitality at its highest level.



Dine In or Take Out

16816 Hwy 3235

Cut Off, LA

985-325-4450

www.spahrsseafood.com

MISSION

Delighting guests with a true Cajun experience

VALUES

Committed to culinary excellence

Hospitality at its highest level

Invested in our communities

Preserving our culture and traditions

Appetizers

- Sampler 15.99
- Onion Sticks 7.99
- Crawfish Bread 7.49
- Bayou Blazin' Shrimp 7.99
- Crab Fingers 10.99
- Sweet Corn Hushpuppies 5.99
- Crab Cake Minis 8.49
- Gator Bites 10.99

- Spahr's Seafood Gumbo *cup* 5.75
large 8.99

Add Ons

- Lemon Crab Cream Sauce 4.25
- Crawfish Cream Sauce 4.25
- 6 Fried Oysters 6.75
- 6 Grilled Shrimp 6.25

Sides

- Fries *Onion Sticks*
- Potato Salad *Broccoli*
- Sweet Potato Fries *Side Salad*
- Cajun Fries

Desserts

- Peanut Butter Pie w/ Chocolate Sauce
- Beignets w/ Powdered Sugar
- Bread Pudding w/ Rum Sauce

Louisiana Seafood

- Shrimp Platter 15.25
- The Original* Catfish Chips 14.99
- Half Chips 9.99
- Crab Cakes w/ *Crawfish Cream Sauce* 16.99
- Seafood Platter 19.99
- Fried Oysters 15.99
- Softshell Crabs (*seasonal*) 19.99
- Catfish Fillets 13.99

Pasta &

Southern Traditions

- Crawfish Pasta 17.25
- Softshell Crab Pasta (*seasonal*) 19.99
- Seafood Pasta 16.25
- Blacken Chicken Pasta 15.25
- Hamburger Steak 13.99
- Crawfish Stew 14.25
- Fish of the Day Market Price
- Blackened Tuna 19.99
- Cajun Chicken 15.99

Healthy Choices

w/ **Eat Fit NOLA**

- Chicken Breast Platter 10.25
- Grilled Shrimp Platter 15.25
- Grilled Catfish Platter 13.99
- Grilled Tuna Platter 15.99



Eat Fit NOLA items meet the nutritional criteria designated by Ochsner Health System.

From the Garden

- House Salad 5.99
add chicken (5), shrimp (6.25), tuna (6.25), or oysters (6.75)
- Spahr's Shrimp Remoulade Salad 12.99
substitute crawfish (1.50)
- Seafood Salad 11.99

Bayou Boys & Sandwiches

- Gumbo & Shrimp Sandwich 11.99
add fries (1)
- Overstuffed Shrimp Poboy 13.50
- Catfish Poboy 11.99
- Oysters Poboy 14.99
- Crawfish Poboy 13.99
- Soft-shell Crab Poboy (*seasonal*) 12.99
- Grilled Chicken Poboy 10.29
- Hamburger Poboy 10.25
add cheese (.50) add bacon (.75)
- Roast Beef Poboy w/gravy 11.99
- Crab Cake on Bun 10.99
- Club 8.25
Ham, turkey, Swiss, American, bacon, mayo, lettuce, tomato
- Blazin' Shrimp Poboy 13.50
with ranch, lettuce, tomato
- Back Road Burger 10.99
BBQ burger with Swiss cheese, bacon, lettuce, tomato
- 4 Lane Chicken 9.99
Fried chicken, bacon, cheddar, lettuce, tomato, honey mustard